

ABSTRACT

An image forming method for forming an image on an optical disk includes forming the image on an intermediate transfer medium or on an image receptive layer separably  
5 formed on one surface of the intermediate transfer medium. The intermediate transfer medium and the optical disk are laid so that the surface of the intermediate transfer medium carrying the image and the surface of the optical disk are in close contact with each other. Heat and/or  
10 pressure is applied to the intermediate transfer medium to transfer the image or the image receptive layer carrying the image to the optical disk to form a label on the optical disk.